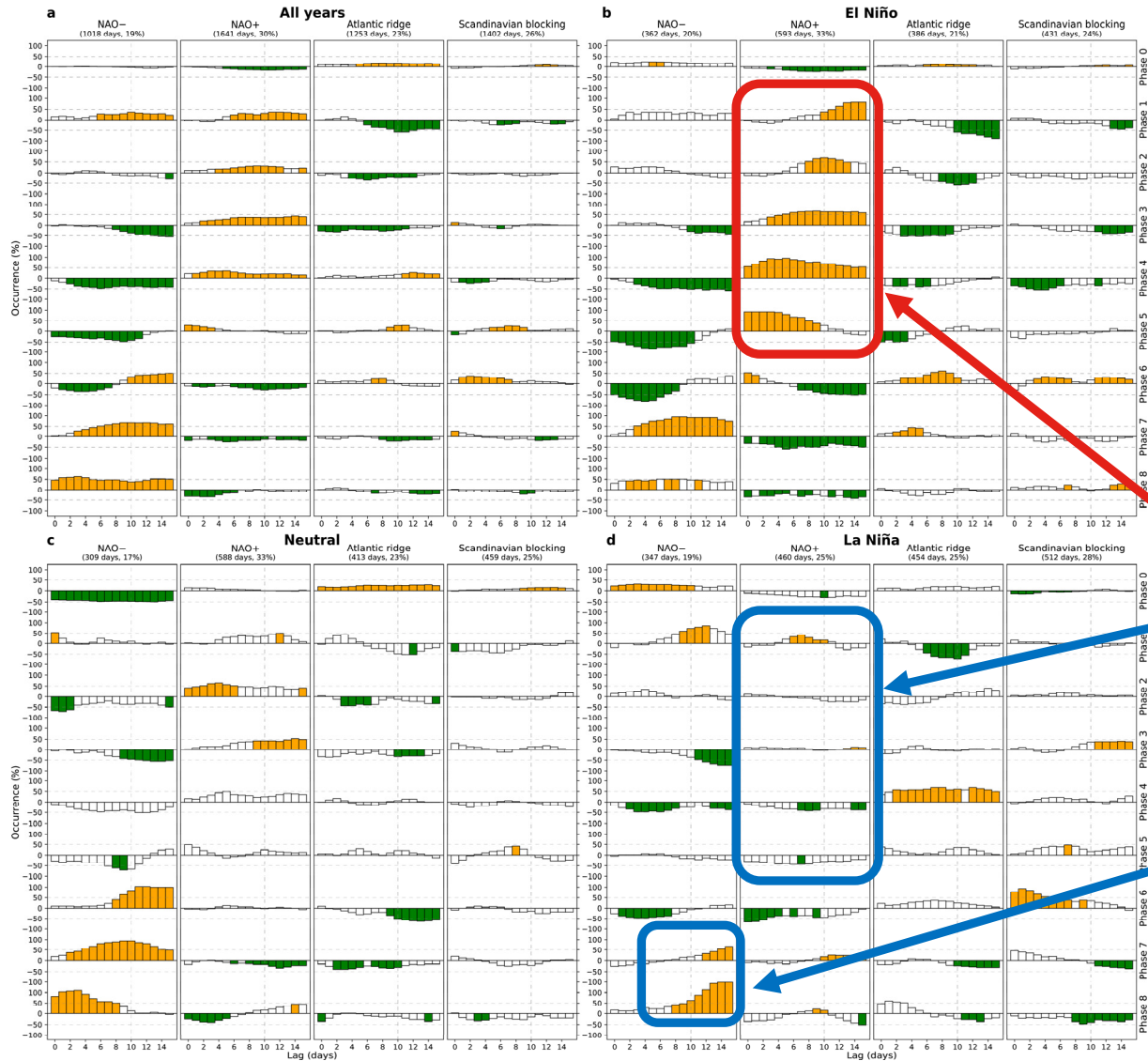


# ENSO Modulation of MJO Teleconnections to the North Atlantic and Europe



There is a robust dependence of the teleconnections from the MJO to North Atlantic-European weather regimes on the phase of ENSO.

The MJO to NAO+ weather regime teleconnection is via the tropospheric jets and is strongly enhanced during **El Niño** years, and suppressed during **La Niña**.

The MJO to NAO- weather regime teleconnection is via the stratosphere and is enhanced during **La Niña** years, whereas during **El Niño** years it occurs via in situ development.